



## Nail Salon Services

We welcome you to enjoy 'Clearly Nails', created by the owner Carolyn Schwab. This exclusive nail product will keep your natural nails damage-free, looking beautiful, flexible and strong. A set of gel nails will leave your feet looking immaculate for any holiday or special occasion.

Set of Gel Nails	~ Choose one color nails ~	~\$70
<b>Gel Toe Nails</b>	~ With French tips ~	\$60
<b>Gel Toe Nail Fill</b>		\$55+
Overlay on Natural Nails		\$55
Nail Fills (Gel, Acrylic or Fiberglass)	~ Includes 2 repairs ~	\$55+
Professional Nail Removal	~ Full set ~	\$30
Single Nail Repair		\$10
Polish Change	~ Choose from a vast selection of colors ~	\$20
French Polish		\$25
Nail Art	~ An array of designs to choose from ~ Price per nail ~	\$2+
Artistic Polish	~ Color lasts up to 3 weeks, without chipping dulling or peeling, soak off color ~ Hello zero drying time!	\$45+
Air Brushing Nails		\$5+ each
Artificial Single Toe Nail		\$10

## Hands & Feet

**One Minute Manicure** Our unique formula of moisturizing scrubs, mineral-rich Dead Sea salts, botanically-based oils and fragrances will have your hands glowing. This service includes an exfoliating treatment with a soothing hand and arm massage. **\$20**

**Express Mini Manicure** This luxurious mini manicure includes cuticles trimmed and nails filed to the perfect shape. Choose one of our delicious moisturizing lotions for a tension-relieving hand massage and select your favourite nail polish. **\$40 (30 min)**

## Changes Manicure

This luxurious manicure starts out with a soothing neck wrap and herbal hand bath. Cuticles are trimmed and nails are filed to the perfect shape. Choose one of our delicious moisturizing lotions for your tension-relieving hand and arm massage, then select your favourite nail polish. **\$50 (1 Hr)**

## Spa Manicure

The same as our Changes Manicure but treat yourself to any one of the many incredible add-ons. **\$70**

**Express Mini Pedicure** Relax your back, neck and shoulders with a self-controlled massage in one of our pedicure massage chairs. Feet are soaked in a whirlpool foot bath, followed by a relaxing foot massage and nail polish. **\$50 (30 min)**

## Changes Pedicure

Let your stress melt away as you relax with a warm neck wrap and whirlpool foot bath. Cuticles are trimmed, calluses are reduced, lower legs and feet are exfoliated and nails are shaped. • **Organic Brown Sugar Exfoliating Treatment** ~ improves circulation and softens skin. This decadent treatment finishes with a moisturizing foot and lower leg massage and includes your choice of polish. **\$65 (1 Hr) +**



## Spa Pedicure

The same as our Changes Pedicure but treat yourself to any one of the many incredible add-ons. **\$85**

## Medical Pedicure

This service is performed by a certified foot care professional trained to use specialized techniques and products for those with intensive foot care requirements. **\$80 (1 Hr)+**

## BS Brace

Leading ingrown Toe nail treatment. BS brace acts like a spring, gently straightening and lifting each side of the toenail, reducing its pressure against the skin. Correction is painless and occurs over a period of weeks. BS brace is intended for the big toe. With modification it can be used to treat ingrown toenails or other toes or even fingernails. **\$45 (30 minutes)**

## Manicure & Pedicure Add-On's

**\$20 each**

**Treat yourself to one or more of our many incredible hand and foot treatments!**

- **Paraffin Treatment** ~ Relax your tired muscles and joints with this deep soothing heat by surrounding your hands or feet in a warm masque. leaving your skin soft and joints relaxed. This treatment is highly recommended for those who suffer from severely dry skin and/or arthritis.
- **Artistic Polish** ~ Color lasts three weeks, without chipping dulling or peeling, soak-off color.
- **Relaxing Hot Stone Massage** ~ Deep heated massage – relieves joint pain and aching muscles.
- **Purifying Organic Mud Mask** ~ Detoxifies the skin, leaving it looking soft and smooth.
- **French Polish** ~ Gives that classy look and is great for special events.
- **Foot Scrubs** ~ Helps to smooth the surfaces and reveal healthy skin. Included in all pedicures.
- **Foot Mask Treatment** ~ Restores the moisture in your feet, leaving them super soft.

**\*Enjoy a wide variety of other delicious scrubs & exfoliating treatments.**

**~ Just ask for a list of our current selections! ~**

## Exclusive Pedicure Add-On's:

**Ionic Cleanse Foot Bath** ~ This unique detoxifying service removes heavy metals and toxins through the pores in your feet! Helps boost the immune system, improve sleep, reduces fluid retention, aids in the relief of headaches and increases energy. **\$45 (30 Min)**

**(Save \$45 when purchasing a series of 6 treatments for only \$225)**

**Customized Reflexology** ~ Allow our reflexologist to give you an amazing, healing foot massage. Your feet act as a map to every organ and gland in your body. Specific pressure points are treated and massaged. This will help to improve digestion, enhance circulation, normalize the metabolism, lower blood pressure, activate self healing, and promote relaxation and stress relief. 15 minutes each foot.

**~ With pedicure \$30~**

**~ Without pedicure \$50~**